



Missoula YMCA Active 6 Program

April 2024

Have questions? Stop by the YMCA or email branieri@ymcamissoula.org to learn more! Sign up Today!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*Indicates Program is open to all YMCA members and won't have Active 6 staff on hand.</p>	<p>1</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 4:30-10pm*</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>2</p> <p>Open Big Gym 7:45-10pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p>	<p>3</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 5:30-9:30pm**</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>4</p> <p>Open Big Gym 7:30-9:30pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p> <p>Active 6: 3-5pm</p> <p>Big Gym Open 3-5pm</p>	<p>5</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 2-8pm**</p> <p>Open Swim 6-9pm*</p> <p>Open Track 7-8pm*</p>	<p>6</p> <p>Open Climb 10am-1pm*</p> <p>Open Track 10am-1pm</p> <p>Lap Swim 1-5:30pm</p> <p>Open Swim 10-5:30pm*</p>
	<p>7</p> <p>Lap Swim 8-10am, 11am-1pm*</p> <p>Open Swim 12:15-3:30pm*</p> <p>Open Track 11am-2pm*</p>	<p>8</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 4:30-10pm*</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>9</p> <p>Open Big Gym 7:45-10pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p>	<p>10</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 5:30-9:30pm**</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>11</p> <p>Open Big Gym 7:30-9:30pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p> <p>Active 6: 3-5pm</p> <p>Big Gym Open 3-5pm</p>	<p>12</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 2-8pm**</p> <p>Open Swim 6-9pm*</p> <p>Open Track 7-8pm*</p>
<p>14</p> <p>Lap Swim 8-10am, 11am-1pm*</p> <p>Open Swim 12:15-3:30pm*</p> <p>Open Track 11am-2pm*</p>	<p>15</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 4:30-10pm*</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>16</p> <p>Open Big Gym 7:45-10pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p>	<p>17</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 5:30-9:30pm**</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm</p>	<p>18</p> <p>Open Big Gym 7:30-9:30pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm</p> <p>Active 6: 3-5pm</p> <p>Big Gym Open 3-5pm</p>	<p>19</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 2-8pm**</p> <p>Open Swim 6-9pm*</p> <p>Open Track 7-8pm*</p>	<p>20</p> <p>Open Climb 10am-1pm*</p> <p>Open Track 10am-1pm</p> <p>Lap Swim 1-5:30pm</p> <p>Open Swim 10-5:30pm*</p>
<p>21</p> <p>Lap Swim 8-10am, 11am-1pm*</p> <p>Open Swim 12:15-3:30pm*</p> <p>Open Track 11am-2pm</p>	<p>22</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 4:30-10pm*</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>23</p> <p>Open Big Gym 7:45-10pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p>	<p>24</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 5:30-9:30pm**</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm</p>	<p>25</p> <p>Open Big Gym 7:30-9:30pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm</p> <p>Active 6: 3-5pm</p> <p>Big Gym Open 3-5pm</p>	<p>26</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 2-8pm**</p> <p>Open Swim 6-9pm*</p> <p>Open Track 7-8pm*</p>	<p>27</p> <p>Open Climb 10am-1pm*</p> <p>Open Track 10am-1pm</p> <p>Lap Swim 1-5:30pm</p> <p>Open Swim 10-5:30pm*</p>
<p>28</p> <p>Lap Swim 8-10am, 11am-1pm*</p> <p>Open Swim 12:15-3:30pm*</p> <p>Open Track 11am-2pm</p>	<p>29</p> <p>Open Climb 4pm-7pm</p> <p>Open Big Gym 4:30-10pm*</p> <p>Open Swim 8-9pm*</p> <p>Open Track 3-5:30pm*</p>	<p>30</p> <p>Open Big Gym 7:45-10pm**</p> <p>Lap Swim 6-9pm*</p> <p>Open Swim 7:15-9pm*</p> <p>Open Track 7-8pm*</p>				

Active 6 Program Details

Program Times

Monday, Tuesday, Wednesday, Friday

4:00pm-6:00pm

Thursday

3:00pm-5:00pm

Program Blocks

Block 1: October 2th -November 21st

Block 2: November 27th- December 20st

Block 3: January 2nd - March 15th

Block 4: March 25th –May 24th

Sign Up Here!



*Offered during the school year only. No programming on school holidays.

Getting Started with Active 6

First fill out our Active 6 Registration Form online to get your free membership started.

Then visit the Missoula Y Welcome Center to complete your Active 6 membership profile, and collect your Active 6 Tee.

After that, attend our Tuesday and Thursday Program times to take part in fun exercise classes, active play, and engaging snack time discussions about healthy lifestyle, and community engagement.

*Membership is valid June before the 6th grade year through August after the 6th grade year.

CONTACT

Ben Ranieri,
Active 6 Coordinator

branieri@ymcamissoula.org

406-721-9622



Active 6 is a FREE Missoula YMCA program that encourages 6th graders to get moving, try new activities, stay healthy, and have fun with friends through YMCA membership and programs.

Sign up for Active 6 is going on now!

Open to all 2023/24 Missoula County 6th graders

